



2023 - 2024

VOLUNTEER HANDBOOK





JICSL COMMUNITY SERVICE LEAGUE VOLUNTEER OPPORTUNITIES

Alzheimer & Parkinson Association of IRC

Serves IRC residents with disorders affecting memory and movement through support, education, and connections.

Volunteer Opportunities: Assistance in the office, resource library, art and movement classes, special events, social respite program, memory screenings, education and support groups, community outreach and publicity.

Training provided.

Contact: Agency at www.alzpark.org 772-563-0505

The Arc of Indian River County

Supports and empowers individuals with special needs to achieve their life goals through services, education, and advocacy.

Volunteer Opportunities: Social media, office work, assisting with day program activities (similar to a chaperon role but always with an Arc employee present as the purpose is to have more caring hands available to enjoy activities, not replacing staff).

Contact: Agency at www.arcir.org 772-584-9511

Ballet Vero Beach

Promote the art of dance through performances, educational and community engagement programs.

Volunteer Opportunities: Volunteers are needed for performances, boutique sales, special events, administrative support & publicity. Apply online with Volunteer Form.

Volunteer Intake Form available at balletverobeach.org

Big Brothers Big Sisters of Indian River County

Create and support one-to-one mentoring relationships that ignite the power and promise of youth.

Volunteer Opportunities: Mentor a child, tutor a student with reading at an elementary school, share an extracurricular activity, office work, publicity, and special events.

Contact: Agency at www.bbbsbigs.org

Boys & Girls Clubs of Indian River County

Inspires and enables all young people to realize their full potential as productive, responsible, and caring citizens.

Volunteer Opportunities: Mentors, volunteers to help with reading & math for the youngest students, assistance in the Art Room, coaching in the athletic department, and special projects. www.bgcirc.org

Contact: Elizabeth Thomason at ethomason@bgc.org 772-299-7449

Children's Home Society of Florida

Builds bridges to success for children.

Volunteer Opportunities: Mentor at-risk young adults ages 18 to 21, assist with Special Event Activities, volunteer at Wave Crest Shelter in Fort Pierce to tutor or engage with teens ages 11-17.

Contact: Agency at www.chsfl.org/locations/treasure-coast 772-344-4020

Childcare Resources of Indian River County

Promotes quality early childhood development and education in IRC, focusing on challenged children and families.

Volunteer Opportunities: Classroom volunteers to assist with art & crafts, gardening, and sitting and talking to children during meal time. Help with organizing classrooms and playground upkeep. www.childcareresourcesir.org

Contact: Melissa Sweet at 772-567-3202 x 108

Coalition for Attainable Housing

Ensures the availability of high-quality affordable housing to income eligible residents and provides hope and encouragement to families who demonstrate a need and desire to maintain their own home.

Volunteer Opportunities: **Contact:** Agency at www.coalitionforattainablehomes.com 772-713-6883

Crossover Mission

Supports and redirects at-risk youth through recreational activities and enrichment programs for children ages 8 through high school.

Volunteer Opportunities: Mentor and coach students in academics and basketball, using the love of basketball to motivate. Volunteers needed for fundraising and strategic planning. www.crossovermission.com

Contact: Mia Morin or Stephanie Thompson at 772-257-5400

Early Learning Coalition

Partners with parents, childcare providers, and communities to ensure quality early learning experiences through program and financial support.

Volunteer Opportunities: Contact Agency at www.elcirmo.org 772-220-1220

Economic Opportunities Council of IRC

Works to empower low-income families and strengthen communities: pre-school classes, ages 2 to 5.

Volunteer Opportunities: Readers, substitute teachers, assist with preparing classroom, and take-home activities. www.eocofirc.net

Contact: Agency at <https://eocofirc.net/volunteer/> 772-562-4177

Education Foundation of Indian River County

Works to enhance our community's investment in our schools with the goal of achieving excellence for students and educators.

Volunteer Opportunities: Help with Science Fair, Sneaker Exchange, and Advisory Council.

Contact: Agency at www.edfoundationirc.org 772-564-0034

Gifford Youth Achievement Center

Offers quality programs for children to develop self-esteem and teach character, encouraging each individual to reach her/ his potential, nurtures partnerships with various community entities in Gifford and surrounding municipalities in Indian River County.

Volunteer Opportunities: Classroom assistance, reading, math, science, and music tutoring, clerical support, recreational support, assistance with senior/adult food programs. www.mygyac.org

Contact: Agency at 772-794-1005

Gifford Youth Orchestra

A youth enrichment/cultural arts program that includes music, drama, dance, and vocal art lessons with a focus on stringed instruments.

Volunteer Opportunities: **Contact:** Agency at www.gyotigers.org 772-778-5118

Hibiscus Children's Center

Provides a safe shelter, mental health, preventive care, and life skills for at risk children and families.

Volunteer Opportunities: Homework tutors, career mentors ("Career Pathways to Independence Program"), creative teachers (sewing, cooking, art, music lessons, or exercise classes), party planners (organize activities and holiday parties), Santa's Elves, graphic design assistants, Birthday Club Committee (donate cakes and gifts), and office help.

www.hibiscuschildrenscenter.org

Contact: Donna Clements at dclements@hcc4kids.org 772-299-6011 x334

Hope for Families Center

Transition families from homelessness to sustainable, permanent housing by providing a safe, clean environment with supportive services.

Volunteer Opportunities: Help with children's programs, fundraising events, tutor or mentor a child, holiday helper, assist with employment education, cooking or supplying a meal, and property management (organizing shelves, mulching & painting). www.hopeforfamiliescenter.org

Contact: Lydia Lander at llander@hfcvero.org 772-567-5537

Indian River Healthy Start Coalition

A local system of care that optimizes the health of moms, babies, and their families living in Indian River County.

Volunteer Opportunities: Doula training, event volunteers (Mother's Day Garden and Dancing with Vero's Stars), FIMR (community action and case review teams), Board of Directors, and philanthropy committee.

Contact: Agency at www.irhealthystart.org 772-563-9118

IRC Take Stock in Children (IRC College Foundation)

Promotes personal growth, accountability, academic success and IRSC scholarship attainment through mentoring relationships for low-income high school students.

Volunteer Opportunities: Mentor high school students, and provide career coaching skills virtually. www.irscfoundation.org/tsic

Contact: Karen Aldana at kaldana@irsc.edu 772-462-7252

Junior Achievement of the Palm Beaches & Treasure Coast

Inspire and prepare young people to succeed in a global economy through classroom programs, and simulations that focus on financial literacy, workforce readiness, and entrepreneurship.

Volunteer Opportunities: Junior Achievement volunteers help students connect what they are learning in school with what they will need to succeed in work and life. Opportunities vary by date, location, and time commitment.

<https://palmbeachtreasurecoast.ja.org>

Contact: Katelyn Bates at KBates@juniorachievement.com 561-310-8749

Learning Alliance

Dedicated to helping children develop better reading skills — The Learning Alliance's vision is to have 90% of all third graders reading on grade level, which motivates their work.

Volunteer Opportunities: Moonshot mentors (enjoy a book or literacy activity with a student once a week during the student's lunchtime) or assist with assembling Learning Kits to be distributed to Moonshot families.

www.thelearningalliance.org

Contact: Megan Kendrick at mkendrick@thelearningalliance.org

Volunteer Opportunities: Volunteer as a Reading Tutor (work 1:1 with kindergarten students once a week).

Contact: Pat Shaw at Pshaw@thelearningalliance.org 877-548-READ (7323)

LifeBuilders of the Treasure Coast

Seeks to reduce crime, recidivism, and assist low-income individuals who come in contact with the Treasure Coast Court system as a consequence of criminal behavior or drug dependency.

Volunteer Opportunities: Application processing, client communications (phone + email), fundraising events (planning, implementation, securing donations, ticket sales), and office support. www.lifebuilderstc.com

Contact: Eric Kohrhamer at 772-462-2381

Literacy Services of Indian River County

Deliver comprehensive and innovative learning opportunities to local adults seeking English language and literacy skills to achieve their goals.

Volunteer Opportunities: Tutoring adults in reading and second language skills (meets once or twice a week for 60 to 90 minutes a session, no experience required and training provided).

Contact: Agency at info@literacyservicesirc.org 772-778-2223

Mental Health Association

Provides immediate access with no barriers to mental health care for families, children, and adults and offers walk-in services in Vero Beach.

Volunteer Opportunities: Committee members and events & fund-raising volunteers. MHA committees include: Programs & Client Services, Communications, and Philanthropy. www.mhairc.org

Contact: Amy Wagner at amy@mhairc.org 772-569-9788 x122

Mental Health Collaborative

Establish and promote a continuum of care to mental health and substance misuse.

Volunteer Opportunities: Board of Directors, event planning and Mental Health First Aid Instructors Seminars.

Contact: Agency at www.mhcollaborative.org 772-217-3663

Miss B's Learning Bees

Provides academic support and enrichment to children from economically disadvantaged backgrounds.

Volunteer Opportunities: Tutor students in math, reading, and science; special events, advisory board, and administrative support.

Apply online via application at www.missbslearningbees.org

Contact: Agency at 772-713-4130

Pelican Island Audubon Society

Continues its initiative to run a campaign to combat “nature- deficit disorder” for K-12 students, with lagoon science education programs.

Volunteer Opportunities: Gardening, research around mental health and the positive influence of being in nature, art instruction, publicity, newsletter, cooking, and special projects. www.pelicanislandaudubon.org

Contact: Donna Halleran at dmaewright@att.net 772-567-3520

Redlands Christian Migrant Association (RCMA)

Provides quality childcare and education from the crib to high school, serving Fellsmere and the north Vero Beach areas. www.rcma.org

Volunteer Opportunities: Contact Agency at 772-388-3560

Safe Families for Children

A program that provides support for families in crisis.

Volunteer Opportunities: Contribute through one of four programs – temporary host family for a child, befriend a family, serve as a family coach, or be a resource friend. www.treasurecoast.safe-families.org

Contact: Jessie Ray at jray@safefamilies.net 772-217-5467

Safe Space

Offers safety and education to victims of domestic violence, empowering them to create a life free from violence.

Volunteer Opportunities: Crisis hot-line (requires experience), administrative assistance, Board Member, and special events. www.safespacefl.org

Contact: Andrea Raffinan at araffinan-shaffer@safespacefl.org 772-223-2399

Samaritan Center for Homeless Families (Catholic Charity)

Offers transitional housing and guidance to homeless families in Indian River County and prepares them to live independently.

Volunteer Opportunities: Advisory Committee, fund raising, special projects, childcare, tutoring, meal preparation, maintenance and repairs, and clerical work. www.ccdpb.org/programs/samaritan-center/volunteer

Contact: Katy Ryan at krayan@ccdpb.org 772-770-3039

Senior Collaborative

Improves the quality of life of all Indian River County Seniors through a community collaboration of service providers, funders, and advocates.

Volunteer Opportunities: Navigation Program Call Center (answer phones and make referrals), Livable Indian River Program, (work with the Affordable Housing Group and the Communications Group), and Senior Expo Annual Community Health Fair (help with set up and day of fair operations, greet attendees and help them navigate the fair which takes place in March 2024).

Contact: Agency at www.seniorservicesirc.org 772-469-2270

Senior Resource Association

Provides services to support and advocate for older adults through nourishment, supervised socialization, transportation, and information referral services for seniors and families.

Volunteer Opportunities: Meals on Wheels, adult enrichment and respite, office support, Silver Tones Choir, and interacting with seniors and Adult Day Care.

www.seniorresourceassociation.org

Contact: Redina Crain at 772-569-0760

Special Equestrians of the Treasure Coast

Provides adaptive riding and equine-assisted activities for special needs children and adults.

Volunteer Opportunities: Help with riding lessons, barn work, horse care, facility repairs, office duties, and special events. www.specialequestriantreasurecoast.org

Contact: Agency at 772-562-7603

Substance Awareness Center

Helps families, children, and adults lead healthier lives by reducing the incidence of substance misuse in IRC through education, prevention, treatment, and recovery programs.

Volunteer Opportunities: Contact Agency at www.sacirc.org

Contact: Carrie Maynard-Lester at clester@sacirc.org 772-770-4811

Sun Coast Mental Health Center

Provides best-practice and research-based assessment, counseling, case management, and psychiatric services to children, their families, and adults.

Volunteer Opportunities: Board Members, Volunteer Coordinator, Event Coordinator, and event volunteers and Community Outreach. www.smhcinc.org

Contact: Tracy Hernandez at thernandez@smhcinc.org 772-489-4726 x2024

Sunshine Physical Therapy

Provides affordable outpatient rehabilitation to people on a limited income.

Volunteer Opportunities: Administrative staff experienced with Excel and database systems, a volunteer experienced in assisting with building campaign needs, someone to assist in attracting individuals to tour our facility, and Board members. www.sunshineptc.org

Contact: Virginia Blossom at executivedirector@sunshineptc.org 772-562-6877

The Source

A Christian social outreach organization that serves its homeless neighbors through core programs that include culinary training, a catering and food truck business, two mobile overnight emergency shelters that sleep 36 nightly, 20 affordable housing units, as well as services that instill a sense of community.

Volunteer Opportunities: Work at front desk, organize and sort new donations, meal prep and table service, administrative assistance, special events support, and assorted program leadership. www.iamthesource.org

Contact: Linda at 772-564-0202 x220

Treasure Coast Community Health

Provides accessible, comprehensive, cost-effective, high quality medical and dental care to all persons regardless of their socio-economic status.

Volunteer Opportunities: Serve as a patient escort, provide clerical assistance, volunteer at booth during events, and Dinner Planning Committee.

Contact: Agency at www.tcchinc.org 772-257-8224

Treasure Coast Homeless Services Council

Works to prevent and alleviate the conditions of the homeless in IRC by providing a continuum of care that provides housing and financial assistance to avoid homelessness and rapid re-housing assistance for those who have become homeless.

Volunteer Opportunities: Contact: Agency at www.tchelpspot.org 772-213 9040

Tykes & Teens

Prioritizing children's mental health in our families, schools, and communities through prevention, education, and treatment.

Volunteer Opportunities: Contact Linda Gallagher, Director of Development 772-220-3439 www.tykesandteens.org

United Against Poverty

Serves those in poverty by providing crisis care, case management, food and household subsidies, employment training, and placement, personal empowerment training and active referrals to other service providers.

Volunteer Opportunities: Life skills mentor, mock job interviewer, staff food pantry, assist thrift center, support annual events or membership desk.

www.UPIRC.org

Contact: Matt Tanner at mtanner@unitedagainstpoverty.org 772-564-9365

United Way

Improves lives by mobilizing the caring power of communities, and to proactively build a strong, healthy, and caring community.

Volunteer Opportunities: Contact: Agency at www.volunteerindianrivercounty.org

Visiting Nurse Association and Hospice of IRC

Provides compassionate, innovative care of the highest quality for patients and caregivers needing health, hospice, and community health services.

Volunteer Opportunities: Provide physical, emotional and spiritual support to patients and families, administrative support, and thrift shop staff. www.vnadc.com/volunteers

Contact: Michelle Deschane at 772-559-8310

Whole Family Health

Provides high quality, caring and accessible health care services to adults and children.

Volunteer Opportunities: Greet and escort patients, assist with fundraising efforts, or help with a special event or project. www.wfhcfl.org

Contact: Marie Andress at 772-925-8200

Willis Sports Association

Empowers disadvantaged children and youth to become successful individuals with integrity and character through academic achievement and the game of baseball.

Volunteer Opportunities: Reading with children for 30 minutes, volunteers to assist on the field after school and at events, hands-on with Baby Ballers on Saturday mornings and assistance at the concession stand.

www.willissportsassociation.com

Contact: April Willis at 772-360-9804

Youth Guidance Mentoring Academy

Enrich the lives of IRC youth through mentoring relationships that inspire trust, self-esteem, and positive futures.

Volunteer Opportunities: Mentor or provide afterschool academic tutoring, share or support teaching of life skills (cooking, gardening) or skilled trades.

www.youthguidanceprogram.org

Contact: Jenn Moore at jmoore@youthguidanceprogram.org 772-492-3933



John's Island Community Service League
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